

THE NODEN ADJUST-A-BENCH™

Woodworker Geoffrey Noden has developed what I consider to be one of the coolest innovations to come along in woodworking in recent years. The Adjust-A-Bench is a rock-solid assembly table/workbench that easily adjusts in height from 28 in. to 45 in. Noden sells the metal trestles that incorporate the lifting mechanisms. You can attach whatever type of



benchtop you like to the trestles. Since using my Adjust-A-Bench, I've been amazed at how many times I change its height during the course of a workday—often raising it up for cutting dovetails, then dropping it down low for assembling cases. It's a real convenience, not to mention a back saver. (See "Sources" on p. 170.)